

*Healing Emanation from the
Divine Mother's Heart*



www.heartalchemyinstitute.com

with

Satya Sakara

Beloved Heart,

Thank you for connecting with me. It is with great Joy that I share this healing emanation with you.

The Divine Mother has always and gracefully showered us with so much Love. In this emanation, I am sharing a powerful healing practice to support you on your healing journey.

When I downloaded this emanation, it was to help me heal on a physical level. And so, the initial purpose of this emanation was physical healing, but you can now use it for emotional, mental, spiritual and/or physical.

"My beautiful child, I am always present.... When you push me away, when you feel separated from me, when you call upon me or when you ask for my help, I am always with you. Don't doubt my Love and my Protection. You are my child, and I can never be far away from you.... I hold you in my arms while you sleep. I walk with you in your waking hours. I protect you with the power of my Love. Have Faith beloved Heart, I will never leave you. I

am your Mother now and forever and my Love will sustain you, protect you, and guide you through this life...".

Purpose of this Emanation

The Rose Petal Healing Emanation was birthed to support you on your healing journey. It was created to help you and support you while you move through your own healing on a physical, emotional, mental, and spiritual level. It is a healing emanation that you receive from the Divine Mother's Heart and the only thing you need to do is relax and allow.

This emanation is very special to me. I worked with it while experiencing physical healing and it has helped me immensely on my recovery. I hope it brings you Blessings, Love and Peace.

How to receive

For this healing meditation, please lie down and relax as much as you can.

Try not to fall asleep during the first part of the healing, but when I stop guiding you, you can relax further while listening to

the music, allow yourself to dive deeper and fall asleep if your body needs to do so.

Simply allow your body to receive the sacred medicine of Goddess.

The healing energy will go where it needs to go. You'll feel sensations moving through your body, you may see things or hear frequencies.

Please know that you are held in Goddess Love and you receiving support and protection too. You are safe, you are loved, and you are held in a powerful container of Healing Love.

Before we start, please create a space around you that feels safe and sacred. You can use incense, candles, crystals, flowers, and anything that makes you feel safe. Choose a place where you know you are not going to be disturbed for about 30 minutes.

Have a blanket or two ready beside you, or you can receive this healing meditation in bed at night before falling asleep.

If you feel you need grounding place your feet on the ground and repeat:

- I am grounding myself in the Sacred Earth
- With each breath I take I ground myself deeper and deeper into the Heart of the Earth
- With each step I take today, I ground myself into the Womb of Mother Earth.

Breath in and out from the sole of your feet 3 to 4 times and when you are ready open your eyes.

You can also journal your experience with this emanation and see how the healing energy from the Heart of Mother helps you on your healing journey.

When you are ready, beautiful Heart, lie down and let's begin.

What is an Emanation?

An emanation is a Divine Energy born in the Heart of the Divine Mother to help you:

- ♥ Heal
- ♥ Awake
- ♥ Remember



Create



And more....

The Divine Mother is giving me access to specific frequencies that can help humanity at this time. Once I have received an emanation, I'll share it with you.

How does it work?

When I receive an emanation, I'll download it in a short meditation. When you decide to receive it and work with its energy, simply contact me to access the meditation. I'll email you a link to the emanation-meditation with instructions on how to receive it.

This is not a weekly or monthly meditation. I don't know the exact day of an emanation. They come at random times when I least expect, but when I receive it, I'll download its essence and sacred energy in a short meditation and publish it on my website.

Emanations are a new way of working with the Divine Mother's Heart. I am surrendering to Her Love and Grace so that I can be of service to this world.

If you have any questions, please feel free to reach out:

heartalchemy@protonmail.com

I am sending you Peace

In Grace and Love

Satya Sakara

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